

Shinbukan Center for the Martial Arts & Sciences
 Michael J. Dunphy, Ph.D., Director • 330.492.9900 • www.shinbukansogo.com
Summer-Fall 2010 Course Schedule June 1 – December 31, 2010

Monday

Ms. Lewis	4:30-5:15 pm	Children Intermediate Martial Arts: 5-13 yrs, Blue – Black Belts
Marife Thornton	5:30-6:15 pm	Mind & Body Works: Aerobic Kickboxing
Dr. Dunphy	6:30-7:15 pm	Adult Weaponry (Bukijutsu) - Specialty Courses
Dr. Dunphy	7:30-8:45 pm	Adult-Teen Inter-Advanced Martial Sciences, 14 & up, Blue - Black Belts

Tuesday

Mr. Ailes	12:15-1:15 pm	Adult Martial Arts (All Levels)
Ms. Lewis	4:30-5:15 pm	Children Beginner-Novice Martial Arts, 5-13 yrs, White - Blue Belts
Ms. Lewis	5:30-6:15 pm	Children Inter-Advanced Martial Arts, 7-13 yrs, Blue - Black Belts
Dr. Dunphy	6:30-7:30 pm	Adult-Teen: Beg & Novice Martial Sciences, 14 & up, White – Blue Belts

Wednesday

Mr. Wurst	9:30-10:30 am	Adult Martial Arts – All Levels
Mr. Thornton	4:30-5:15 pm	Children Beginner-Novice Martial Arts, 5-13 yrs, White-Blue Belts
Lance Thornton	5:30-6:15 pm	Mind & Body Works: Aerobic Kickboxing
Mr. Begue	6:30-7:30 pm	Adult-Teen Beginners & Novice Martial Sciences, 14 & up, White-Blue Belts
Mr. Begue	7:30-8:30 pm	Adult-Teen Intermediate Martial Sciences, 14 & up, Blue - Purple Belts

Thursday

Mr. Ailes	12:15-1:15 pm	Adult Martial Arts (all rank levels)
Ms. Lewis	4:30-5:15 pm	Children Inter-Advanced Martial Arts: 7-13 yrs, Blue - Black Belts
Ms. Lewis	5:30-6:15 pm	Children Beginner-Novice Martial Arts, 5-13 yrs, White-Blue Belts
Dr. Dunphy	6:30-7:15 pm	Children Beginner-Novice Martial Arts, 5-13 yrs, White-Blue Belts
Dr. Dunphy	7:30-8:45 pm	Adult-Teen Intermediate Martial Sciences, 14 & up, Blue - Purple Belts

Friday

Staff	5:30-6:15 pm	Mind & Body Works: Aerobic Kickboxing
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Saturday

Lance Thornton	9:00-10:00 am	Mind & Body Works: Aerobic Kickboxing
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For Emergencies:

Dr. Dunphy 330.730.7221 or Ms. Lewis 330.815.1316 or Mr. Begue 330-904-5615

Dojo email: mdunphy@walsh.edu, slewispolarity@yahoo.com, loumar012@neo.rr.com

Dojo website: www.shinbukansogo.com Dojo Phone: 330-492-9900

The Shinbukan reserves the right to substitute instructors as needed to manage the schedule.

Various holidays have posted recess times and special events occasionally replace normal classes.

For Mind & Body Works: contact Lance Thornton at 330-704-2070 or lthornton@neo.rr.com